

Getting Back to What You Love

Whether you're an avid athlete, a weekend warrior, or a hobby hiker, Providence Medical Center is your trusted partner for getting back in the game.

When aches and pains threaten to keep you from the things you love, Providence orthopedic specialists work tirelessly to restore your quality of life.

"We're motivated to help patients get back to their lives, and we help them focus on the end goal throughout their journey," says Dr. Nick Aberle II, who completed fellowship training in sports medicine and shoulder surgery.

The orthopedic program is frequently sought for total hip, knee, and shoulder replacements; ACL, MCL, and PCL reconstruction; meniscus repair; rotator cuff repair; and a host of other joint-related procedures.



But no two patients are alike, Aberle notes, which is why the team employs a "custom, patient-specific" approach to joint replacement. Using preoperative imaging and planning to best position each implant "is another set of checks and balances to ensure everything goes as it should," he says.

Experience and Expertise

The Providence orthopedics team has cared for an impressive range of patients, including collegiate and professional athletes.

"People always want to know when they can get back to their sport," says Dr. Timothy Monahan, a board-certified orthopedic surgeon with subspecialty training in sports medicine. "Because of the volume of cases we see, we're able to help patients understand what is safe and what is unwise."

Education is a key piece of the process. Aberle and Monahan take the time to explain each patient's prognosis and treatment options, so that together physician and patient can determine the best action plan.

The team also prudently evaluates which new technologies warrant inclusion in their collection—and not every technology does. "As we continue to develop our orthopedics program, we'll continue offering excellent quality of care while adopting new technologies that provide value to our patients," Aberle says.

Nationally Recognized

Again and again, Providence Medical Center is recognized by national organizations for its excellence in care.

In 2018, Healthgrades named Providence one of America's 100 Best Hospitals™ for orthopedic surgery.

Providence also earned the Healthgrades' Distinguished Hospital Award for Clinical Excellence™, placing it among the top 5 percent of hospitals in the country and making it one of only three hospitals in Kansas City to earn the honor. In 2018, it was one of 750 hospitals nationwide awarded an "A" for patient safety by The Leapfrog Group.

But what is most rewarding, concludes Monahan, is "being able to see patients pain free with smiles on their faces."

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